## For the safety of all swimmers:

Children are not allowed, for any reason, in the 18 and older men's and women's locker rooms. Bathrooms are located in the hallway thru the main pool door. Family changing areas are located in the pool area, as well as a our family changing locker rooms located adjacent to the pool.

Running is not allowed in the pool area. Please walk at all times.

Persons having or suspected to have any communicable disease such as skin, eye, ear, intestinal or respiratory infection should not enter the pool.

The pool area closes in the event of thunder and/or lightning and remains closed for 30 minutes after the last sound or strike.

GREENE COUNTY YMCA
404 Y Street
Greeneville, TN 37745
423-639-6107
www.greenecounty-ymca.org
Erin Law Aquatic Director

# Recreational Swim Team
# Greene County YMCA
# 2026

## Growing stronger as a team

## About the YMCA Swim Team

At the Greene County YMCA, our Recreational Swim Team helps young people build confidence, character, and lifelong skills, both in and out of the water. Through positive coaching, teamwork, and consistent practice, swimmers grow stronger physically, socially and emotionally in a welcoming environment where everyone belongs.

Our program emphasizes skill development, sportsmanship, and personal growth while creating a fun, supportive team experience.

## Program Details

**Ages Served**: **Youth 7–18**

### Swim Readiness Requirements

To ensure a safe and positive experience for all participants, swimmers must meet the following minimum requirements:

- **Ages 7–11:** Must be able to swim 50 yards (one lap down and back) continuously without stopping
- **Ages 12–18:** Must be able to swim 100 yards (two laps down and back) continuously without stopping

### Practice Commitment

Each swimmer is expected to attend **two practices per week**.

### Practice Options

- **Tuesday & Thursday:**

7:00 P.M. – 8:30 P.M.
*Coached by Christopher Webb*

- **Monday & Wednesday**

3:30 P.M. - 5:00 P.M.
*Coached by Aquatic Director Erin Law*

Swimmers may choose the practice schedule that best fits their family's needs.

### Registration & Pricing

Registration is now open September 2026.

### Monthly Cost

- **YMCA Members:** $65 per month
- **Non-Members:** $80 per month

Financial assistance is available to those who qualify. The YMCA is committed to ensuring access and opportunity for all families.

### Contact Information

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**Erin Law**
Aquatic Director
ErinL@greenecounty-ymca.org

### Join Us

At the Y, swimming is more than a sport—it's a pathway to confidence, connection and community. We look forward to welcoming your swimmer to our team.

**The Y. For a better us.®**