A NOTE FROM THE EXECUTIVE DIRECTOR:

YMCA Friends,

Welcome to the Greene County YMCA! For those of you who are new to the organization, the Y is a movement about people - all ages, races, religions and incomes. The Y is a powerful association of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility. The Y is all about relationship building - a relationship that is at the heart of the Y mission.

Members are encouraged to experience the wide variety of healthy programs and services offered at the Y. These include group fitness classes, health and wellness programs, child care programs, active older adult outings, aquatic exercise activities, swim lessons, youth and adult sports and more. You are also entitled to a number of additional membership activities as outlined in this handbook.

As a member, you also have the unique opportunity to experience the Y's mission in action through involvement as a leader, volunteer, donor and advocate for the organization. It is our goal to help members feel involved and connected in greater ways to the Y!

Please inquire at the Member Service Desk to discover the many opportunities available to our members. The Y staff is here to serve you. Should you have any questions or suggestions to improve this service to you and your fellow members, feel free to contact us at any time.

Enjoy your "Y" experience!

Mike Hollowell Executive Director

OUR MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

OUR POSITION

The Y is the leading nonprofit organization committed to strengthening communities through youth development, healthy living and social responsibility.

OUR PROMISE

At the Y, strengthening community is our cause. Every day, we work side by side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

OUR VISION

The Greene County YMCA will be the leader in nurturing the healthy development of children, teens, adults, seniors and families in Greeneville and Greene County. We will strengthen our community and make it a better place to live. The Y involves thousands of children, adults and families in our unique forms of leadership development, character development, youth and community development, healthy lifestyles and family strengthening.

YMCA CODE OF CONDUCT

At the Y, we expect staff, members and guests to behave in accordance with our mission and values at all times and to respect the rights and dignity of others. Please demonstrate these values of Caring, Honesty, Respect and Responsibility by:

- Dressing appropriately, speaking in respectful tones and refraining from the usage of vulgar or derogatory language.
- Resolving conflicts in a respectful, honest and caring manner; never resorting to physical contact or threatening gestures.
- Respecting others by refraining from intimate behavior in public; abstaining from contact of a sexual nature.
- Respecting the property of others; never engaging in theft or destruction.
- Creating a safe, caring environment; never carrying illegal firearms or devices.
- Never engaging in the use, sale, dispensing or possession of illegal drugs or narcotics, or the unsanctioned use of alcohol on YMCA premises.

Adherence to the YMCA Code of Conduct and regulations is essential. Noncompliance may result in suspension or termination of YMCA membership privileges.

Access to Y property (as a member, program participant, guest, visitor, volunteer, employee or otherwise) will be denied to any person who presently has formal charges pending against him/her, or who has been convicted of any crime involving sexual abuse or violence, including any person who is or has been a registered sex offender.

The Y also reserves the right to deny access to Y property (as a member, program participant, guest, visitor, volunteer, employee or otherwise) to any person who presently has formal charges pending against him/her, or who has been convicted of any offense relating to the use, sale, possession or transportation of narcotics or habit forming and/or dangerous drugs, or is presently or habitually under the influence of dangerous drugs, narcotics or intoxicating beverages.

GENERAL INFORMATION

Brief History

The Greene County YMCA was chartered in November, 1969. In 1978, \$1.3 million was raised to build a new facility on the current 10-acre site which was opened in 1980. An additional campaign for major renovations to the building was completed in 1996. The latest campaign to add 22,000 square feet of new space, plus major renovation, was completed in 2007 at a cost of \$2.7 million.

Governing Body

A volunteer Board of Directors, who each serves a three-year term, governs the Greene County YMCA. An Executive Director and six full-time staff members are responsible for managing the daily operations of the organization.

Greene County YMCA Staff

- Mike Hollowell (Executive Director) mikeh@greenecounty-ymca.org
- Sandy Pruitt (Operations Director) sandyp@greenecounty-ymca.org
- Jennifer Milburn (Membership Director) jenniferm@greenecounty-ymca.org
- Danny Silvers (Youth/Adult Sports Director) dannys@greenecounty-ymca.org
- Mike Barnes (Property Manager) mikeb@greenecounty-ymca.org
- Rebecca Amburgey (Youth Development Director) rebeccaa@greenecounty-ymca.org
- Jaileen Castro (Healthy Living Director) jaileenc@greenecounty-ymca.org

Hours of Operation

Monday – Friday	5:00 a.m 9:30 p.m.
Saturday	7:30 a.m 5:00 p.m.
Sunday	1:00 p.m 5:30 p.m.

Facility Updates

Text gcyfacility to 84483 to receive updates on hours of operation in emergency situations when opening or closing is altered.

Holidays

The Y will be closed to celebrate the following holidays:

New Year's Day Independence Day Christmas Eve	Easter Sunday Labor Day Christmas Day	Memorial Day Thanksgiving & Day After
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Program Registration Guidelines

- All payments of fees (when applicable) must be paid-in-full at the time of registration.
- Registrations are not accepted by phone.
- Program Directors from specified areas are responsible for setting participation limits. Once a program has reached its maximum, only the program director can approve additional registrations.
- Y program fees are subject to change.

Contributing to Your Y

Please consider making a tax deductible contribution to the "One Y. One Community" annual campaign. Your gift can help send a child to camp, learn to swim, play a sport or simply become a member of the Greene County YMCA.

Terry Bellamy Soccer Scholarship Fund - A one-year scholarship to a graduating senior soccer player who exemplifies the core values of the Y.

United Way Funding helps provide financial assistance for membership and programs to youth, adults and families who qualify. Additionally, the Y provides free classes for individuals who have been diagnosed with Parkinson's disease, along with other programs to support needs in our community.

Volunteer opportunities are always available and helpful to our organization. If interested in volunteer work, inquire about our Togetherhood program, which invites and encourages Y members to participate in volunteer service projects that strengthen the foundations of community.

MEMBERSHIP

Contact: Jennifer Milburn, Membership Director

For over 150 years, the Y has been a pioneering force in the United States. The Y has invented sports, developed ideas and organizations and introduced a movement that would change the world forever. The Y is committed to helping kids of all ages through programs that engage them throughout their preschool, school age and teen years. The focus of Y youth and teen programs are to increase opportunities available to this age group while providing them with a safe and nurturing environment and caring adult role models. We also support families by providing them with opportunities for spending time together in meaningful ways through sports, camp programs and other special events. The Y is also uniquely positioned to be a catalyst for building strong communities by being a centralized location for all individuals living in Greeneville and Greene County. As a result, communities come closer together, families are supported, children learn and grow, young people lead and individuals become self-sufficient; all people become healthier in spirit, mind and body.

BENEFITS OF A YMCA MEMBERSHIP:

As a member of the Greene County YMCA, we hope that you will take advantage of the many opportunities that are available to you as part of your membership.

- Member discounts on Y programs such as after school care, swim lessons, summer day camp, specialty and certification classes, youth and adult sports, pool parties, etc.
- A clean and up-to-date facility to serve the needs of all members
- Group Exercise classes at no additional charge
- · Wellness area for adults and teens, along with an exercise space designated for youth and families
- Youth Activity area for ages 4 12
- Free Childwatch and Youthwatch for youth and family members (during designated hours) while parent(s) are in our facility
- · Wellness sessions for new members to learn to become familiar with cardio, strength and free-weight equipment
- Family swim and access to lap lanes
- Racquetball, pickleball, basketball, soccer and more
- Youth gymnasium
- State-of-the-art cardiovascular equipment
- Automatic External Defibrillator (AED) on site with trained staff
- Game Room equipped with billiards, ping-pong and other fun activities
- Member lounge with a television
- Youth Center for child care services and weekend party rentals

POLICIES AND PROCEDURES:

Always Welcome At the Y! Nationwide Membership enables you to visit any participating Y in the United States through membership at your "home" YMCA (your home location is the facility that enrolled you as a member and that collects your membership dues). We offer this because we want to help you reach your health and wellness goals wherever you live, work or travel. This is an essential part of our cause of strengthening communities. Individuals who are members of another Y must present their membership card and sign in at the Member Service Desk during each visit. An adult member must accompany any teen or youth member who falls into this category.

Visiting Other YMCAs

When you join a Y, you become part of a national movement of 18.1 million members in more than 2,450 local associations. Because each Y is autonomous, not-for-profit and not a franchise, their policies may vary on the use of equipment, facilities, services and programs by visiting members from out-of-town. Through the Reciprocity Program, usage at Ys is free for all members.

Local Guest Pass

Y adult members may bring a prospective member (someone who has not been a member or guest of our Y) as their guest for one visit at no charge. These individuals must be 18 years of age or older and must sign in at the Member Service Desk.

Out-of-Town Guests

Y adult members may bring out of town guests to the Y for up to a two-week period. Although it is not limited to visitors of your household, the intent is to allow you to bring individuals who are visiting our community and would like to attend the Y with our members. These individuals must sign in at the Member Service Desk each visit and may be asked for photo identification.

Medical Insurance

The Y does <u>not</u> provide medical insurance for members and program participants. Medical costs of injuries sustained at the Y are the responsibility of the individual using the facility.

Check-In

You will be required to scan your member identification card at the Member Service Desk each time you visit the Y. Membership privileges and cards are not transferable. Lost cards can be replaced for \$3.00.

YMCA App for check-in

Download Daxko in app store, search for YMCA of Greene County, choose card at the bottom and add new card.

Facility Usage

The following guidelines apply to the usage of our facility:

- All individuals must enter and exit our facility through the main entrance located in the front of the building unless there is an emergency situation.
- The drop-off area in the front of the building is not a parking location. If the driver must get out of the vehicle, please park in the adjacent parking spaces.
- The Y is a tobacco-free facility, including the front entrance area and pool patio. Violators will be asked to leave the premises.
- Food and drinks (other than water) are allowed only in the vending or lobby area. Glass bottles are not permitted.
- Alcoholic beverages and illegal drugs in any form are not allowed on Y property.
- Loitering on Y property is not permitted.
- Please park in designated parking areas only. Cars parked illegally are subject to being towed at the owner's expense.
- Soliciting on Y property is allowed only with permission from the Executive Director.
- Video recorders, cameras or other visual recording devices are only allowed within the Y with approval from the Executive Director. Anyone caught taking pictures of another person without their permission and knowledge may be prosecuted and could lose their membership privileges.
- Equipment for Activity and Game Room may be signed-out at the Member Service Desk.
- Any Y youth who has been suspended or expelled from school, cannot use the Y facilities during school hours.
- Any person suspended from the Y will not be allowed to participate in Y programs during the term of their suspension.

Youth Gymnasium Use

The primary purpose is to serve children of middle school age and younger with priority given to children engaged in Y programs (afterschool, summer camp, basketball league, etc.). Adults are permitted to use the youth gym until 2:30 on days when school is in session, or to engage in activities with their child. Home-schooled children, who are members of the Y, would have first priority during this time frame.

Youth Activity Center Use

The primary purpose of the Youth Activity Center is to provide fitness opportunities for children ages 4 – 12. Adults are permitted to use this space until 2:30 on days when school is in session, or to engage in activities with their child. Home-schooled children may use the Youth Activity Center during these hours with the understanding that other adults may be present. Other than specified hours of Y staff supervision, age requirements as they relate to facility use must be followed.

Age Requirements

- Y Facilities Individuals ages 13 and older may use the Y facility without adult supervision or an adult in the facility within the rules and regulations set forth. Youth (ages 9 12) must have an adult (age 18 or older) in the facility or on the premises at all times.
 Exception for ages 11 & 12 School days from 3:00 6:00 or weekdays when school is not in session from 1:30 6:00. They may use the youth activity center, pool, gym, game room, so long as they follow the rules and regulations set forth. Youth ages eight and under must be accompanied by an adult (age 18 or older) at all times while using the facility. Exception Youth are signed in to Childwatch (ages 6 weeks 5 years) or Youthwatch (ages 6 8 years) only during designated hours or if they are participating in a Y organized team sport or group exercise class.
- Swimming Pool Children 13 years of age and older may use the swimming pool without adult supervision other than the lifeguards. Children ages 9 12 (who pass the swim test) may use the swimming pool if a supervising adult (age 18 or older) is physically on the Y premises. Exception for ages 11 & 12 School days from 3:00 6:00 or weekdays when school is not in session from 1:30 6:00. A supervising adult must be present in the pool area with children ages 6 8. Youth (ages 5 and under) must be directly accompanied and supervised by an adult.
- Steam Room and Sauna Members must be at least 18 years of age or older.
- Racquetball Youth ages 12 and under may participate with an adult member. Eye protection must be worn.
- Adult Locker Rooms Members must be at least 18 years of age or older.

The Y reserves the right to remove or restrict usage of Y facilities or programs from any member who creates an unsafe or disruptive environment. Furthermore, the Y may require parent supervision for any minors who cannot conduct themselves in a respectful manner while on Y premises.

Childwatch / Youthwatch

Members have the opportunity to utilize the Y's Childwatch and Youthwatch services at no charge during specified hours and for no longer than two hours per day. A parent must be in the facility or on the premises at this time and children must be members of the Y. This service is intended for children 6 weeks to 5 years old to be in the Childwatch space and ages 6 – 8 in the game room or youth activity room. Additional information and guidelines may be obtained from the Member Service Desk.

Changes

Please inform the Member Service Desk if a change has been made to your address, phone number, bank draft (if applicable) or family member status. All membership changes must be done by the last day of the month, prior to the next draft.

Lost Cards

Lost cards should be replaced as quickly as possible. Please inform the Member Service Desk if you have lost your membership card. A \$3.00 replacement is required.

Scholarships

The Y offers scholarships to those in need. Full or partial subsidies are awarded based on financial qualifications of the applicant. See the Member Service Desk for a financial assistance application.

Program Refunds

Prior to the start of any program, a refund of up to 75% of the paid fee may be returned for reasons approved by the Executive Director or designated Y staff. Once the season begins (meetings, practice or games), no refunds will be provided. The Y reserves the right to cancel classes or programs for any reason deemed justifiable at which time full refunds will be provided.

Locker Rooms

The adult locker rooms, with steam and sauna, are only available to members age 18 and older. The member locker rooms are for ages 13 and older, unless children 12 and under are directly supervised by a parent. Additional locker rooms are available for non-members or youth members not directly supervised by a parent. Please bring your own lock to be used only during your visit. Locks left on lockers overnight may be removed. Out of consideration for other members, do not leave any personal items in the changing or shower areas when you are not in the locker room. Please place all personal items in a locker.

Facility Rentals

Group Meetings and Events – The Y is available to civic organizations and community groups whose ideals and purposes do not conflict with the mission and purpose of the Y.

Activity Parties/Private Pool Parties – Available on Friday (7:00 - 9:00 p.m.), Saturday (4:45 – 6:45 p.m. or 7:00 - 9:00 p.m.) and Sunday (5:15 – 7:15 p.m. or 7:30 – 9:30 p.m.). Includes use of the Youth Center for Pool parties. Activity Parties will include the Youth Center, Youth Gym, Game Room and Youth Activity Center. Please see the Member Service Desk for costs and scheduling.

Late-Night at the Y – Friday and Saturday night only (9:30 p.m. - 12:30 a.m.) which includes use of the Youth Center, game room, gym, and up to one hour in the pool. Please see the Member Service Desk for costs and scheduling.

Rentals of facility space must be scheduled at least one week in advance. To receive a 75% refund, a minimum of one week's notice on cancellations must be received. The Y reserves the right to cancel classes, programs or rentals for any reason deemed justifiable. Full refunds will be provided if applicable. Specific information including rates, activities and reservation requirements is available at the Member Service Desk.

Personal Belongings

Please use a lock for all personal belongings when using our facility. The Greene County YMCA is not responsible for lost or stolen articles.

Manage Your YMCA Membership

Member Service representatives will help you manage your membership wisely and help you take the steps necessary to reach your goals. Stop by the Member Service Desk for a complete list of services. Membership fees (monthly, annual and joining fee) are non-refundable.

Payment Plans

Bank Draft – This is an opportunity to pay membership dues on a monthly basis. Your monthly fee will be automatically withdrawn from your checking or savings account. Help ensure the accuracy of your account - please check your bank statement monthly and notify a Member Service representative if there are any changes. When a change is needed, a change form must be completed and signed. To terminate a membership, a cancellation form must be completed by the last day of the month, prior to the next draft. Any changes to account status or bank information must also be made in writing at the Member Service Desk by the end of the month. Should your bank draft not clear, payment of dues and any associated fees must be made by the end of the month that was returned to avoid cancellation of membership.

Annual Payment – This membership is effective for a twelve-month period. Immediate renewal does not require an additional join fee. Credit cards (VISA, MasterCard and Discover) are accepted for other required payments. There will be a \$20.00 service charge on all bank drafts and checks returned for insufficient funds. As our costs to operate increases, so may the membership rates. Notification will be given at least one month prior to any increase in membership rates.

Health and Wellness

Contact: Jaileen Castro, Healthy Living Director

Ys are collectively the largest provider and promoter of health and wellness programs, active in more than 10,000 communities across the country. In order to build strong kids, strong families and strong communities, our Y is committed to offering high-quality health and fitness programs. The mission of the Y is to put Christian principles into practice through programs that build a healthy mind, body and spirit for all. This is accomplished in part through physical health education, use of state-of-the-art equipment and group exercise, all under the instruction and supervision of certified and trained staff.

Healthy activities include:

- Orientation on fitness equipment
- Use of state-of-the-art cardio equipment, strength machines and free weight equipment
- A wide variety of group exercise classes
- Personal training
- Group cycling classes

Adult Wellness Center

- Youth (ages 13-15) are required to have an orientation before use
- Youth (ages 12 and under) are not allowed in the Adult Wellness Center
- Appropriate workout clothing and athletic shoes are required while using the exercise area
- Clothing with inappropriate or offensive pictures or words is not allowed
- Profanity and offensive / abusive language will not be tolerated
- Music systems, other than personal devices with headphones, are not allowed
- Please wipe off equipment after use
- Replace all weights to appropriate racks after use
- Be considerate of other members, be prepared to share equipment
- Treat equipment with care and train with safety in mind

Youth/Family Exercise Space

- Youth members (ages 8 10) may use this space only if accompanied by an adult member or attending an instructor led class.
- Youth members (ages 11 12) may use this space only when a parent is in our facility.
- In an effort to promote family participation, equipment for all ages is available.

Youth Activity Center

- Youth (ages 4 12) may use the Youth Activity Center
- An adult member must accompany youth, ages 4 8 years, when Y Staff are not in direct supervision of the Youth Activity Center
- Hours will be scheduled throughout the year for the Youth Activity Center to be directly supervised by Y Staff

ACTIVE OLDER ADULTS

The YMCA Active Older Adult programs are designed to enrich the lives of people who are in their middle and older years by helping them develop skills to meet life's challenges. Older adults can stay active and healthy by participating in both physical and social activities. At the Y, active older adults have a place to go to improve their fitness levels, explore new interests and make new friends.

Active Older Adult Programs

- Group exercise classes
- Water exercise classes
- Outings
- Social Gathering (coffee and snacks)

Group Exercise

Youth (ages 9-12) are allowed to participate in Group Exercise classes only if accompanied by a participating adult.

Orientations

The Y strongly recommends that all our members schedule and receive an orientation on the equipment in our Wellness Center. To schedule an orientation, please contact the Wellness Director.

Personal Training

Personal trainers are available to give you the one-on-one attention that you may need or want. Simply contact our Wellness Director to inquire about the price of an individual session or packages that are available, how the sessions are managed and the selection of a personal trainer. For liability reasons, non-staff members are not permitted to utilize the Y facilities for any type of personal training.

Cancellations

Should Greeneville City Schools be cancelled because of inclement weather, all Group Exercise classes scheduled through 3:00 p.m. will be cancelled as well. A decision will be made by 3:00 p.m. for the evening classes and posted on the Y website and on Facebook. When City Schools are delayed, Group Exercise classes remain on a regular schedule.

Steam Room and Sauna

Please adhere to the guidelines posted for use of the steam room and sauna. Only adult members (age 18 and older) are allowed to use the steam room and sauna. With a wide range in ages of our adult members, our intent is to keep the steam at 110 degrees Fahrenheit and the sauna between 130 and 150 degrees Fahrenheit. We recommend no more than a 5 – 10 minute usage period in the steam room or sauna. Remember to always cool down before use. Never exercise in these spaces. Members who set clothing around the heating area of the sauna or who purposefully invoke extra steam in the steam unit will have their membership privileges revoked immediately. For sanitary reasons, please refrain from washing, shampooing or shaving in the steam room and sauna areas. For your safety, please read the guidelines for use that are posted outside of the steam and sauna.

AQUATICS

Contact: 423-639-6107

A variety of aquatic activities are scheduled throughout the day in the pool area along with various programs for the beginner to the advanced swimmer. A minimum of one lane is usually available for lap swimmers during hours that the pool is open. An exception could include school parties during the day. Lifeguards are on duty all hours that the pool is open. For your safety, please follow all rules that have been established including a swim test during open swim for all individuals using the deep end of the pool.

Age Requirements for Pool

- (5 and under) Must be directly accompanied and supervised by an adult
- (6 8) A supervising adult must be present in the pool area
- 9 (9 12) A supervising adult must be physically on the Y premises and child must have passed the swim test

Swim Attire

Modest swimsuits are required. Attire other than normal swimsuits must be approved by the lifeguard on duty.

Aquatic Related Programs and Activities

- Swim Lessons
 - 1. Parent / Tot (ages 6 months to 36 months) Parent must be in the water with the child.
 - 2. Pre-School (ages 3 5 Years)
 - 3. Youth (ages 6 13)
 - 4. Adult (ages 14 and older)
 - 5. Private (available upon request)
- Lifeguard Classes Y certification includes CPR, First Aid and AED
- CPR and First Aid Classes
- Water Fitness Instructor led classes (see pool schedule)
- Pool Rentals (includes a maximum of one hour private use of pool, along with the Youth Center)
 - 1. Fridays (7:00 9:00 p.m.)
 - 2. Saturdays (4:45–6:45 p.m. or 7:00–9:00 p.m.)
 - 3. Sundays (5:15–7:15 p.m. or 7:30–9:30 p.m.)
- Late-Night at the Y Friday and Saturday nights only (9:30 p.m. 12:30 a.m.) includes use of the Youth Center, Game Room, Gym and one hour in the pool.
- Open Swim see pool schedule

Cancellations

Should Greeneville City Schools be cancelled because of inclement weather, all water classes scheduled through 3:00 p.m. will be cancelled as well. A decision will be made by 3:00 p.m. for the evening classes and posted on the Y website.

SPORTS

Contact: Danny Silvers, Youth/Adult Sports Director

YOUTH SPORTS

Y Youth Sports are designed to teach youth the value of character development through participation in athletics, while staying active and healthy. Youth learn caring through the supporting of teammates, honesty by fair play, and respect by treating everyone as a winner, responsibility by team work and faith by believing in themselves and others. Please check the Sports Calendar for current offerings.

Youth Sports Programs

- Soccer Leagues
 - Spring
 - Fall
 - Winter Indoor League
 - Flag Football
- T-Ball/Coach Pitch
- Basketball League
- Summer Sports Camps

ADULT SPORTS

The Y has activities to meet the needs of the kid in all of us! Have fun, keep active and enjoy some friendly competition.

Adult Sports Programs

- Adult Soccer Leagues
- Summer Winter Indoor
- Pick-Up Basketball
- Racquetball
- Pickleball

Sports are at the heart of many Y's and are played with the belief that everybody who plays is a winner.

CHILDCARE

Contact: Rebecca Amburgey, Youth Development Director

The Y is America's largest non-profit child care provider. School-Age Care is provided within a nurturing environment for children participating in our program. You can feel confident knowing that your child is safe and well cared for by qualified, well-trained and caring staff.

After-school Program

Our program is designed to give students entering kindergarten through eighth grade a safe and positive environment in which to unwind after school. Our flexible schedule includes homework assistance and supervision, recreational sports, games, outdoor activities, snacks, free time, swimming, gym time and more. Our program is located on site here at the Y in our Youth Center. Full-Day care is also available when school is not in session due to inclement weather or some holidays. Possibilities for after school pickup is based on participation for each school. Transportation is tentatively scheduled for the following sites:

- * Hal Henard
- * Towering Oaks
- * Greeneville Middle School
- * Doak

* Eastview

* Chuckey-Doak Middle School

* Tusculum View

Summer Day Camp

Y Day Camp takes you back to tradition – an exciting full-day experience for boys and girls entering grades pre-kindergarten through eighth grade. We incorporate our four core values of Caring, Honesty, Respect and Responsibility into our action-packed activities which include games, sports, field trips, recreational swim, arts & crafts and so much more. Campers will truly experience all that summer has to offer – fun, excitement, adventure, friendship and great memories to take home!

HEALTHY KIDS DAY

Kids and parents from our community enjoy this annual event that is available for Y members and non-members.